



# Hampton Park Primary School

## Newsletter

29th November 2024

*Persistence, Creativity & Excellence*

Address: 32 Somerville Road, Hampton Park VIC 3976

Website: <http://www.hpps.vic.edu.au>

Email: [hampton.park.ps@education.vic.gov.au](mailto:hampton.park.ps@education.vic.gov.au)

Phone: 9799 1440

### Calendar:

- **Monday 2nd December– G5/6 Aus Cycling Incursion**
- **Tuesday 3rd December– G3/4 Aus Cycling Incursion**
- **Wednesday 4th December– Whole school transition #2**
- **Wednesday 4th December– Art Show and Open Night 3.15 — 6.00pm**
- **Friday 6th December— Billy Slater Rugby Event — Selected Students**
- **Tuesday 10th December– Statewide Transition Day G1-6 - 9.15 —10.40am**
- **Tuesday 10th December– Foundation Transition Session 5 2.45 — 3.15pm**
- **Wednesday 11th December– G1/2 Bowling Excursion**
- **Friday 13th December – Whole School Assembly**

### Principals Report

Dear HPPS Community,

#### Exciting Changes to Our Class Structure in 2025

We're excited to share some important updates regarding our class structure for 2025. After a thorough consultation process involving staff and a close look at student data, we have decided to move from our current multi-age class model (e.g., F,1,2, 3-4 (combined), 5-6 (combined)) to straight year levels (F, 1, 2, 3, 4, 5, 6).

This decision wasn't made lightly, but after careful consideration and feedback from staff, we are confident this change will greatly benefit our students and teachers. On Tuesday, our first transition session gave us a glimpse of how this structure will work in practice—and it was clear that this is the right direction for our school.

#### Why the Change?

The move to straight year-level classes will provide several benefits:

- **Tailored Learning Opportunities:** Teachers will be able to focus more specifically on the needs of their year level, providing targeted differentiation to support every student's learning.
- **Improved Transition Support:** This structure strengthens our Foundation (Prep) and Grade 6 transitions, ensuring students feel confident and supported as they start and complete their primary school journey.

Respect, Best Effort, Friendliness, Co-operation, Equality.

Newsletter online at <http://www.hpps.vic.edu.au> and follow the newsletter link

- **Streamlined Experiences:** Excursions, incursions, and events will be simpler to organise and align with year-level learning priorities and ensure no impact on another year level.
- **Enhanced Collaboration:** Teachers will be able to share resources and ideas more effectively, creating consistent and high-quality teaching practices.

We know that change can bring questions, so if you have any questions, please find me in the morning at a gate or pop into the office. Thank you for your ongoing support as we work together to create the best learning environment for our students.

### Change to Photographing, Filming and Recording Students Policy

For the full policy please read it on our website – [Photographing, Filming and Recording Students Policy - 2024.docx](#)

Biggest changes

#### Images taken by the school community

Hampton Park Primary School permits parents/carers, students and invited guests to photograph, film or record school performances, sporting events and other school-approved activities.

We request that parents/carers, students and invited guests who photograph, film or record school activities only do so for their own personal use and do not publish the images in any form, including on social media, without the prior consent of persons whose children also appear in the images.

Neither the school nor the department own or control any images of students taken by parents/carers, students or their invited guests at school activities.

#### Consent

The Photographing, Filming and Recording Students Consent Form is provided by Hampton Park Primary School at enrolment. This form applies to standard uses of images for the time your child attends the school. Standard uses are defined in the following sections.

For non-standard uses, where consent is required, parents/carers will be sent a consent form for that specific situation. Schools will also notify parents when implementing software that may include photos of students, giving parents an opportunity to discuss any concerns or preferences.

If at any time parents/carers wish to withdraw their consent, they can by contacting Hampton Park Primary school office on 9799 1440 or alternatively at [hampton.park.ps@education.vic.gov.au](mailto:hampton.park.ps@education.vic.gov.au). If consent is withdrawn verbally, the school will make a written record of this. However:

- if the images have already been published and are in the public domain, it may not be possible to remove them
- the school can still collect, use and disclose images in circumstances where consent is not required

Regards

Sharne Winstone  
Principal

# Final Masterclass presentation

On Monday 18<sup>th</sup> November, the Hampton Park Masterclass Team presented their project at our final Masterclass event at Bunjil Place.

The team consisted of Mayrabelle L, Alan L, Kayden S, Jannifer C and Chayada W. Throughout the year, the Masterclass Team have been working on a project to make meaningful change in our community. As a team, they decided to tackle poverty and hunger in the Hampton Park community. Working alongside our Community Hub, they have plan, made and packed hampers filled with household items. They still have plans to host a toy swap, make more hampers for those in need and help wrap presents for children in time for Christmas.

At Bunjil on Monday, the team presented their project in a fun and engaging way demonstrating their presentation skills they have learnt throughout the project. A big well done to the Masterclass for their wonderful work this year.





Congratulations to the following students who received our Learning Behaviour Award in the past fortnight.



0A	Bella O'K
0B	Samarth P
0B	Lumini G
0C	Lucy M
0C	Ayaan H
1A	Aaliyah P
1B	Yahaira V
1C	Ava G
2A	Atanasio L
2B	Keoraxmey M
2B	Lily H
2C	Ayzim M
2C	Charli L
34A	Martha F
34A	Birhan G
34B	Jaxson E
34B	Sara K
34C	Enayatullah G
34C	Athiran N
34D	Skylah F
34D	Ruby U
34E	Miray A

34E	Reza H
34F	Kian H
34F	Minuki P
56A	Said Sabir H
56A	Aj N
56B	Seona A
56B	Mindy N
56C	Vaiden F
56C	Omer A
56D	Kayla-Rose W
56D	Jireh P
56E	Christina L
56E	Ballin S
DigiTech	Kuzey K 56A
Mandarin	Bilqis S
Mandarin	Otto L
Vis. Arts	Rewi D 34F
Vis. Arts	Travis 56A
Perf. Arts	Carly R 34E
PE	Eman A 1B
PE	Muntaha H
CHESS	Nagma B

*Congratulations*

# SEL Star Award



HAMPTON PARK  
PRIMARY SCHOOL

Congratulations to the following students who received our SEL Star Award in the past fortnight.



0A	Reyenn V
0B	Bach N
0C	Thomas L
0C	Nathaniel B
1A	Subhan G
1B	Eman A
1C	Joshua T
2A	Sania H
2B	William G
2B	Maryum H
2C	Fatima K
2C	James U
34A	Lily P
34A	Diya S
34B	Zenab A
34B	Evalina L
34C	Noah A
34C	Anant S
34D	Fatima A
34D	Vincent N
34E	Arian I

34E	Alissa P
34F	Roseate S
34F	Ilhan S
56A	Reach M
56A	Mehnaz S
56B	Chayada W
56B	Kayden S
56C	Leila G
56C	Mudasir M
56D	Talon A
56E	Mayrabelle L
56E	Iqra I
DigiTech	5/6B
Mandarin	Hamza S
Mandarin	Xavier A
Vis. Arts	Tyson M S 34A
Vis. Arts	Salah H 56E
Perf. Arts	Anahita W
PE	Omer A 56C
PE	Jhyrel T 56C

*Congratulations*



AWARDS



*Congratulations*

# Art Show

FEATURING WORK FROM OUR AMAZING ARTISTS,  
INCLUDING SOME DELICIOUS LOOKING ART  
BASED ON THIS YEAR'S THEME - FOOD!

DECEMBER **4th** 3.45 - 6.00 PM

**JOIN US FOR A NIGHT OF FAMILY FUN**

SAUSAGE SIZZLE

TWO STUDENT GALLERIES

VOTING FOR 'BEST IN SHOW'

PHOTO BOOTH

GUESS THE LOLLIES IN THE JAR

COLOURING / CRAFT

PUZZLES / GAMES



**HAMPTON PARK**  
PRIMARY SCHOOL



# Term 4 2024

Keep this handy calendar on your fridge for upcoming events at Hampton Park PS. For updates remember to check out Sentral or Facebook.

	Monday	Tuesday	Wednesday	Thursday	Friday	
October	07	08 Grade 5/6 Interrelate Program	09 Foundation Excursion Pevan and Sarah Concert	10 Foundation Meet the Teacher 2:45 - 3:15 pm Little Owls Playgroup @ 9:00am	11 Assembly - 2:45pm	
	14	15 Grade 5/6 Interrelate Program Grade 1/2 Mini Beast Incursion	16 Grade 5/6 Billy Slater Rugby Event	17 Little Owls Playgroup @ 9:00am	18	
	21	22 Life Ed F-4		23 Ryan Dunn Program	24 Chess State Open Foundation Meet the Teacher 2:45 - 3:15 pm Semi Finals School Council @ 3:50pm Little Owls @ 9:00am	25 World Teachers Day Day For Daniel Assembly - 2:45pm
	28	29 Life Ed F-4		30	31 Little Owls Playgroup @ 9:00am	01 Diwali
	04 State Primary Girls Chess Finals	05 Melbourne Cup Day No students	06	07 Foundation Meet the Teacher 2:45 - 3:15 pm Little Owls Playgroup @ 9:00am	08 Assembly - 2:45pm	
November	11 Chess State Grand Final Remembrance Day	12	13	14 Junior Regional Chess Tournament Foundation- G3 Little Owls Playgroup @ 9:00am	15	
	18 Grade 5/6 RSPCA Incursion	19	20	21 Foundation Meet the Teacher 2:45 - 3:15 pm Little Owls Playgroup @ 9:00am	22 Assembly - 2:45pm	
	25 SSG Week	26	27	28 School Council @ 3:50pm Grade 5/6 Zoo Excursion Little Owls Playgroup @ 9:00am	29	
	02 SSG Week	03	04 Art Show & Open Night 3:45 - 6:00pm	05 Little Owls Playgroup @ 9:00am	06 Assembly - 2:45pm	
December	09	10 Foundation Meet the Teacher 2:45 - 3:15 pm Statewide Transition	11	12 School Council @ 3:50pm Little Owls Playgroup @ 9:00am	13	
	16 Grade 6 Big Day Out	17	18 Class Parties HPPS Christmas Concert @ 2.45pm	19 G6 - Graduation 6:00 - 7:00pm Gold Assembly @ 9:10am	20 Grade 6 The Last Lap @ 1.00pm Last day of term 1:30pm finish	





# TECHNOLOGY AND SLEEP

- ↳ Technology use in the evenings may delay bedtime and interfere with sleep
- Using a bright screen for 1.5 hours or more can increase alertness.
- Not all people are affected by technology use in the same way.
- Some forms of technology use may be better than others and some activities better than others.
- In the evening, use technology in moderation. Switch from interactive devices (e.g., phones) to passive devices (e.g., e-reader).

Note: All words that are underlined relate to topics in the Sleep Health Foundation Information Library at [www.sleephealthfoundation.org.au](http://www.sleephealthfoundation.org.au)

## 1. How can technology use affect us at bedtime?

- The bright screen light from devices can cause increased alertness
- Activities on such devices can be stimulating and make us less ready to sleep
- People can become absorbed and continue using technology beyond their usual bedtime

## 2. How long is too long to spend in front of a bright screen before bed?

Studies have tested the effects of bright tablets (e.g. ipads) and laptop screens for up to 5 hours before bed. It seems that the natural evening rise in melatonin (a hormone that makes us ready for sleep) is not affected by 1 hour of bright screen light, but it is after 1.5 hours. Thus after 1.5 hours of technology use in the evening people report feeling less sleepy. They also do better on mental performance tests and their brainwaves suggest increased alertness. Repeated use of a bright screen over 5 days can delay the body clock by 1.5 hours. This means you consistently want to go to bed later and sleep in longer. This can be a real problem when you need to get up at a set time in the morning for school or work.



For other popular helps visit us online at  
[www.sleephealthfoundation.org.au](http://www.sleephealthfoundation.org.au)

## 3. Does using technology just before bedtime affect sleep?

Self-reports suggest that sleep is indeed affected by technology use in the hour before bed. Such late-night technology users report less satisfactory sleep more often than those not using technology before bed. They are also more likely to feel sleepier during the day in a range of situations, including driving. These findings relate to both using a computer or laptop before bed or texting. The findings are from a 2011 US study that involved over 1500 people, surveyed by the US National Sleep Foundation.

## 4. Are some forms of technology use more stimulating such that they affect sleep?

Technological devices can be either interactive or passive. Passive devices are those which need little to no input from the users. Examples include listening to music, reading an e-book, watching television or a movie. With interactive devices what is viewed on the screen changes with input from the user. For example, playing a video game is clearly interactive. To a lesser extent, so is surfing the web, messaging and making posts on computers, laptops, tablets and smartphones. Researchers propose that interactive technological activities are more harmful for getting ready for sleep compared to passive activities.



HAMPTON PARK  
PRIMARY SCHOOL

# Enrol now for 2025!

We are now taking enrolments for prep students, and families moving in to our school zone, in 2025.

If your child will be beginning school next year, or you would like more information, please contact us today by calling, emailing us or visiting our school website.

[www.hpps.vic.edu.au](http://www.hpps.vic.edu.au)

[hampton.park.ps@education.vic.gov.au](mailto:hampton.park.ps@education.vic.gov.au)



**9799 1440**

## School Tours

We welcome families to join us for a school tour to see our wonderful school in action. These will run on Wednesday mornings at 9:30am.

To book a place on a tour, please use the form on our website or contact our office.



# Beginning Foundation at Hampton Park PS

At Hampton Park Primary School we place a strong importance on ensuring children feel happy, safe and excited about school. Our Foundation transition program is an opportunity for children and their families to find out more about school and begin settling in ready for 2025!



## Outdoor play session

Our outdoor play session at the beginning of Term Four is for you and your child to enjoy together. This session provides an opportunity to familiarise your child with the equipment they can use outside, as well as meeting peers who will also be starting foundation in 2025. Parents and carers are required to stay at this session and will have the chance to play with their child and meet other families beginning school in 2025. This session is also an informal opportunity to meet some of our current Foundation teachers and school leaders, and ask questions you may have. Our playground session will run on:

**Thursday 10th October**

*from 2:45 - 3:15pm*

## Classroom based sessions

Later in Term Four, we will run four classroom based transition sessions. These will be an opportunity for students to experience the classroom learning environment and some of the routines we have in place at school. In the last session, students will meet their teacher and classmates for 2025. These sessions will be held on:

**Thursday 10th October**

**Thursday 24th October**

**Thursday 7th November**

**Thursday 21st November**

**Tuesday 10th December**

*from 2:45 - 3:15pm*



## Parent information sessions

At the same time as students are attending the classroom based sessions, we will be running a series of parent information sessions. These will provide you with a greater insight in to what your child will experience when beginning foundation and joining our community at Hampton Park. There is also the opportunity to ask any questions you have.

**Thursday 24th October**

**Thursday 7th November**

**Thursday 21st November**

**Tuesday 10th December**

Welcome to Hampton Park Primary School

Our Positive Climate for Learning

Learning and Curriculum at Hampton Park PS

Light refreshments & Chat with our 2025 families



For more information, please do not hesitate to contact us!

**9799 1440**  
[www.hpps.vic.edu.au](http://www.hpps.vic.edu.au)



**HAMPTON PARK**  
PRIMARY SCHOOL



## How can I help my child prepare for school?

**Talk to your child:** The more words a child understands, the easier it is to learn to read. You are your child's major language model. Encourage proper speech patterns—don't use baby talk.

**Listen to your child:** Take an interest in what they have to say and answer their questions. Listen to whether your child is using the correct pronunciations.

**Read to your child:** Make listening to stories special by choosing time when there are no other demands on you or your child. Look at the pictures in books and make up your own stories with your child.

**Help your child to recognise their name:** On clothing and on paper.

**Develop independence:** Allow your child to tackle some things by themselves. Those children who do not need direction will take risks and learn more. Encourage your child to take care of their own possessions, packing up their toys and packing their school bag. Practise getting dressed, going to the toilet, opening lunchboxes and tying shoelaces independently.

**Making the separation easier:** Reassure your child that they will be safe at school. Talk about and practise getting together at a 'meeting place'. Help your child to find a friend before you leave. Add to your child's feeling of confidence by showing them that you have confidence in their ability to handle the separation from mum or dad!

**Fine motor practise:** Encourage your child to play with items such as play dough and LEGO and teach them how to hold a pencil. Strengthening your child's fine motor skills assists your child to write and draw.

**Gross motor practise:** Reading and writing involves a relationship between physical movement and learning. Encourage your child to throw and catch balls, run, jump and climb.

**Allow your child time to PLAY!** Encourage your child to play and to never stop playing! Play develops social skills such as turn taking, cooperation, sharing and responding to others, as well as literacy and numeracy skills.

**Attend transition sessions!** Give your child the chance to become familiar with the school and be placed in the best possible grade for their needs. Meet other parents - you are not alone in your fears and expectations. Attend parent information sessions so you can have an opportunity to ask questions.

## Not yet enrolled?

If you live within our neighbourhood boundary and have not yet enrolled your child for 2025, please contact our school office. We are happy to welcome you in for a school tour. Early enrolment helps ensure you receive the latest information to help best prepare for the transition in to primary school. For more information about whether we are your neighbourhood school and our enrolment boundary, please visit [www.findmyschool.vic.gov.au](http://www.findmyschool.vic.gov.au).



9799 1440  
[www.hpps.vic.edu.au](http://www.hpps.vic.edu.au)



HAMPTON PARK  
PRIMARY SCHOOL

School starts  
at  
**8.50am**



# EVERY MINUTE COUNTS

*Just a little bit late doesn't seem much but.....*

He/She is only missing just....	That equals....	Which is....	over 13 years of schooling, that's....
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly HALF A YEAR
20 minutes per day	1 hour 40 minutes per week	Nearly 2.5 weeks per year	Nearly 1 YEAR
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 AND A HALF YEARS
1 hour per day	1 day per week	8 weeks per year	Nearly 2 AND A HALF YEARS



*Did you know your child's best learning time is the start of the school day?*

That's when every minute counts the most!





# Community Hub

Hampton Park PS - 32 Somerville Road, Hampton Park

The Hampton Park Community Hub is meeting place for our whole community. We welcome all families in our community to come along to connect, share and learn with us. Our programs include:



**Little Owls  
Playgroup**  
with Hey De Ho Music



Beginner and  
Intermediate &  
Advanced English  
Classes

**Beginner  
Computer  
Classes**



**Coffee and Chat...**

Enjoy a coffee and come  
and meet new friends

**Coming Soon...** An after school AFL program for the whole family  
Register now for Term 3 Pre accredited Citizenship Classes

**Our Community Hub proudly partners with the following organisations to support the Hampton Park Community.**



For more  
information  
contact Linda



**9799 1440**  
**0412 978 364**

# FREE Certificate III in Individual Support.

**\*Government funded - Eligibility criteria apply**

Australian Citizens, Permanent Residents, Business Visas, Skilled Migrants, Bridging Visas and others may be eligible. Contact us for more details.

**Information & Enrolment Session.  
Thursday 28th November 2024 11am.  
Call or e-mail to reserve a place.  
Free morning tea**



Hampton Park Primary School Community HUB  
32 Somerville Rd Hampton Park

Please bring your visa, ID  
(passport or driver licence),  
Medicare card to sign up.



97991440



0412978364



[linda.haines@education.vic.gov.au](mailto:linda.haines@education.vic.gov.au)



**AMES**  
Australia  
RTO 0590





## **HAMPTON PARK PRIMARY SCHOOL COMMUNITY HUB**

**Limited places are available for  
Beginner and Intermediate English  
classes.**

**Computer classes**



**All enquiries to Linda**

**on 97991440 or 0412978364**







TERM 4

# NEWSLETTER

Hampton Park Ps TheirCare  
28 November 2024

## Wow it's Almost December!

WOW, its hard to believe there is only 3 more weeks left of the school year. Over the past fortnight, we have had loads of fun, making slime, making stress balls with playdough, doing colour science experiments, celebrating fairy bread day and loads more fun!!!

We are currently gearing up for the end of year and holiday program that is to come, which will be loads of fun!



## Special dates for the holidays



- First day of Holiday Program: 6th January
- Sonic the hedgehog 3: 13th Jan
- Octopus Art: 16th January
- Inflatable funzone: 21st January
- Bearycool: 22nd January
- Closed/Public Holiday: 27th January
- First day of school 2025: 29th January

# LEVEL UP!

## SUMMER HOLIDAY PROGRAM

Book NOW for Holiday FUN

The last day of school for the year is Friday 20th December- we will be open at 1:30pm

We will then be closed for two weeks, for us all to enjoy time with our families over Christmas

Our first day back for 2025 is Monday 6th January, were we will be open at 6:30am



### CONTACT SERVICE:

0417 100 227  
hamptonpark@theircare.com.au

### TC HEAD OFFICE:

1300 072 410  
info@theircare.com.au

www.theircare.com.au



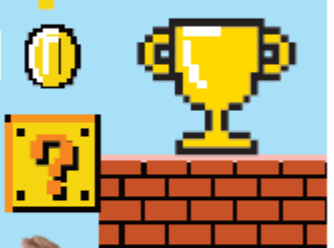


The place to be these holidays!

# LEVEL UP!

Summer Holiday Program

Book Now!



See Sonic The Hedgehog 3



Octopus art attack!



Arcade rush!



Ultimate game shows

Book now at [theircare.com.au](http://theircare.com.au)

Save up to 90% with the Child Care Subsidy

# Holiday Program Important Information!

## What to bring

- A healthy morning tea and lunch
- A labelled drink bottle for water
- Suitable clothing for an active day – closed toe shoes and jacket if wet/cold
- SunSmart hat for Spring and Summer holidays
- Medical Management Plan & Medication if applicable – see below for details



## Don't forget!

- Keep your lunchbox nut-free to keep everyone safe
- Do not include food items that need to be reheated
- Label all items with child's name!
- Bus departure and arrival times are indicative only. For an accurate estimated time of arrival and departure please contact your service directly.



## Personal belongings

Electronic devices, money and other valuables should be left at home.

If brought to the service, these items remain the responsibility of the family. TheirCare does not accept responsibility for loss or damage.



## TheirCare provides

- Breakfast and afternoon tea snack
- Sunscreen
- Water to refill bottles



## Child Care Subsidy

Please note that subsidised hours are calculated and allocated by Centrelink on a fortnightly basis. Check Centrelink for eligibility. Each session is calculated using the full service operational hours, not the hours attended by the child.



## Unexpected changes to activities

In the unlikely event that an activity is unable to run, an alternative activity will be provided.

Activities and times are subject to change due to unforeseen circumstances such as severe weather or provider availability. If an alternative cannot be sourced we will update your invoice to reflect this.



## Serious stuff!

### Medical Management Plan & Medication

All children who have been diagnosed with a medical condition including allergies, food/chemical intolerances, anaphylaxis, asthma, epilepsy will need to provide:

- a completed Medical Management Plan with a colour photo
- necessary medication

Please note it is a legal requirement under the Education & Care National Regulations and the Terms and Conditions for booking that these are provided.

In the interests of child safety, care may be refused on the day should the appropriate documentation or medication or medication not be supplied.



## Changes to your booking

Simply log into your account anytime to make the relevant changes or call us between 6:30am – 9:00pm weekdays on 1300 072 410.



## Fees for changes to your booking

More than 5 days	Less than 5 days *	On the day
No Charge	\$10.00	Full Fee

\*Less than 5 days from the start of the booking (120 hours from the start of the session).

When making additional bookings, the \$10.00 fee is eligible for the Child Care Subsidy, which means you may only need to pay the gap, depending on your families' circumstances.



**If you have any questions, please speak with one of our friendly Educators or call Customer Support on 1300 072 410.**